



## The Breast Institute At JFK Medical Center

The Breast Institute At JFK Medical Center offers the latest in screening and diagnostic imaging services in an environment that reflects tranquility. The optimal coupling of sophisticated diagnostic technology and medical professionals offers you the best in breast health, while the ambiance caters to and comforts your senses.

## Women's Imaging Services

The Breast Institute At JFK Medical Center offers an extensive selection of health services that are overseen by Board Certified physicians and health care professionals who work together with you to educate you on your breast health options.

### Diagnostic Services Include:

- Digital Mammogram
- Computer-Aided Detection (CAD)
- Stereotactic Biopsy
- Breast Ultrasound
- Ultrasound-guided Biopsy
- Bone Densitometry
- Breast MRI
- MR-guided Biopsy



Rothman Center

5301 South Congress Ave. • Atlantis, FL 33462  
561-965-7300 • www.jfkmc.com



2290 10th Ave. N • Ste. 101 • Lake Worth, FL 33461  
561-540-8100 • Fax 561-540-8134

2300 S. Congress Ave. • Ste. 105 • Boynton Beach, FL 33426  
561-733-5001 • Fax 561-733-0208

4800 Linton Blvd. • Bdg. C • Delray Beach, FL 33445  
561-638-8100 • Fax 561-638-2488

Extended times and days available at some centers

**1-877-9-MAMMOS**  
(1-877-962-6667)

Follow us on:



# Digital Mammography





## The Art of Service

At The Breast Institute At JFK Medical Center, we understand that creating a positive patient experience is often dependent on the quality of service, which is why we've focused our efforts on offering premier service. When you visit our center, you are considered a valuable guest.

### Our Care Coordinator will assist women on their breast health journey by:

- Arranging comprehensive nursing assessment and support
- Scheduling for appointments and consultations
- Coordinating appointments for providers and procedures
- Providing ongoing education and disease information
- Identifying support resources

## Emphasis on Early Detection & Diagnosis

Early detection and treatment provide the best opportunity for breast cancer survival. We encourage you to be proactive about your breast health through monthly self-exams and yearly mammograms. We believe that you should be your primary health advocate.

### Screening:

- Starting at age 20: Monthly breast self-exams
- Age 20s and 30s: Monthly self-exams and a clinical breast exam at least every three years
- Age 40 and over: Monthly self-exams and a mammogram and clinical breast exam every year
- High risk: Women with a strong family history may also consider an MRI, in addition to their monthly self-exams and yearly mammograms.

## Digital Mammography

Digital mammography is expanding our ability to detect breast cancer in more women. Digital mammography is ideal in detecting breast abnormalities in women under 50 or women with dense breast tissue.

### Digital mammograms offer:

- High image quality with the ability to enhance and manipulate the image for further evaluation
- Secure digital image storage, with the ability to print on film
- Faster more comfortable image acquisition
- Shorter exam time

## Timely Results

If an abnormality is found in your mammogram, we will reduce the anxiety that is often caused by waiting for results. With our quick results process, we reduce the time between detection and diagnosis. Patients with abnormalities will receive their screening results in 48 hours, on average. Your physician will be contacted immediately with your results to review and discuss them with you.

## Biopsy

Our biopsy procedures provide precise and fast diagnosis, with the smallest incision and fastest recovery time.

